

# The Leash Life Gentle Balance Recipe Benefits

Gentle Balance is a low-fat, digestive-friendly recipe thoughtfully formulated to support sensitive stomachs, healthy metabolism, immune function, and overall wellness through functional nutrition and targeted supplementation.

<u>Health Focus</u>	<u>How This Recipe Helps</u>
<b>Low-Fat Nutrition</b>	Lean chicken, controlled organ meats
<b>Sensitive Digestion</b>	Brown rice, pumpkin, gentle fiber
<b>Joint Support</b>	Gizzards, manganese, zinc
<b>Immune Health</b>	Liver, vegetables, vitamin E, vitamin D3
<b>Weight Management</b>	High protein, moderate carbs, low fat
<b>Bone &amp; Thyroid Health</b>	Bone meal, kelp, iodized salt, vitamin D3
<b>Skin &amp; Coat</b>	Brewer's yeast, zinc, copper, vitamin E
<b>Heart &amp; Muscle Support</b>	Taurine, DL-methionine
<b>Brain &amp; Nervous System Support</b>	Choline chloride, thiamine mononitrate
<b>Metabolic &amp; Cellular Support</b>	Copper, manganese, zinc, B vitamins

## Lean Proteins & Functional Organs

### **Chicken Breasts**

- Lean, highly digestible protein
- Supports muscle maintenance without excess fat
- Ideal for dogs needing weight management or sensitive digestion

### **Chicken Gizzards**

- Natural source of glucosamine and chondroitin
- Supports joint cartilage, mobility, and connective tissue
- High protein, low fat

### **Chicken Livers**

- Nutrient-dense organ meat
- Rich in vitamin A, iron, copper, zinc, and B vitamins
- Supports immune health, vision, and red blood cell production

## Gentle Carbohydrates & Digestive Support

### **Cooked Brown Rice**

- Easily digestible carbohydrate
- Provides steady energy without fat overload
- Helpful for dogs with sensitive stomachs or GI upset

### **Pumpkin Purée**

- Excellent source of soluble fiber
- Helps regulate stool consistency
- Supports gut health and digestive balance

### **Roasted Sweet Potatoes**

- Complex carbohydrates for sustained energy
- High in fiber and antioxidants
- Supports digestive and immune health

## Vegetables & Immune Support

### **Spinach**

- Rich in antioxidants, iron, magnesium, and folate
- Supports immune health and cellular function

### **Broccoli**

- Provides vitamins C and K
- Contains natural anti-inflammatory compounds
- Supports immune defense and digestion

## Carrots

### **Bone, Joint & Metabolic Support**

#### **Bone Meal**

- Supplies calcium and phosphorus
- Supports bone strength, dental health, and muscle function

#### **Taurine**

- Supports heart health, muscle function, and vision
- Important for overall cardiovascular wellness

#### **DL-Methionine**

- Essential amino acid that supports metabolism and urinary health
- Helps maintain healthy skin and coat

#### **Zinc**

- Supports immune function, skin repair, and coat health
- Plays a key role in metabolism and cellular function

#### **Copper**

- Supports connective tissue, iron metabolism, and pigmentation
- Helps maintain healthy skin and coat

#### **Manganese**

- Supports cartilage formation, joint health, and bone development
- Important for enzyme and metabolic function

#### **Kelp**

- Natural source of iodine and trace minerals
- Supports thyroid and metabolic health

### **Brain, Nerve & Cellular Support**

#### **Choline Chloride**

- Supports brain, liver, and nervous system health
- Helps maintain healthy cellular function

#### **Thiamine Mononitrate (Vitamin B1)**

- Supports energy metabolism and nervous system function
- Essential for healthy appetite and cellular energy production

### **Antioxidant & Wellness Support**

#### **Vitamin D3**

- Supports calcium absorption, bone strength, and immune health

#### **Vitamin E**

- Powerful antioxidant that supports skin, coat, and immune function
- Helps protect cells from oxidative stress

#### **Brewer's Yeast**

- Rich in B-complex vitamins
- Supports energy metabolism, skin, and coat health

### **Digestive & Food Safety Support**

#### **Apple Cider Vinegar**

- Supports healthy digestion and gut acidity
- May aid mineral absorption

#### **Citric Acid**

- Natural preservative that helps maintain freshness

#### **Ascorbic Acid (Vitamin C)**

- Antioxidant support for immune and tissue health

### **Guaranteed Analysis**

Crude Protein – Min 10%

Crude Fat – Min 1%

Crude Fiber – Max 0%

Moisture – Max 78%

**Calories:** 195 kCal/cup