

The Leash Life Vitality Support Recipe Benefits

Vitality Support is an anti-inflammatory, nutrient-rich recipe thoughtfully formulated to support joint health, mobility, cognitive wellness, and healthy aging through functional nutrition and targeted supplementation.

Health Focus	How This Recipe Helps
Muscle Health	Chicken breast, chicken thighs, eggs
Joint Support	Gizzards, flax, chia, turmeric, manganese
Immune Function	Liver, broccoli, spinach, vitamins C, D3 & E
Digestive Health	Pumpkin, vegetables, quinoa, seeds
Skin & Coat	Eggs, flax, chia, coconut oil, zinc, copper, vitamin E
Bone & Thyroid Health	Bone meal, kelp, iodized salt, vitamin D3
Heart & Muscle Support	Taurine, DL-methionine
Brain & Cognitive Support	Eggs, coconut oil, choline chloride, B vitamins
Metabolic & Cellular Support	Zinc, copper, manganese, thiamine mononitrate

Guaranteed Analysis

Crude Protein – Min 11%

Crude Fat – Min 1%

Crude Fiber – Max 0%

Moisture – Max 76%

Calories: 219 kCal/cup

Lean Proteins & Functional Organs

Chicken Breasts

- Lean, highly digestible protein
- Supports muscle maintenance and repair
- Helps maintain healthy weight and reduce joint strain

Chicken Thighs

- Nutrient-rich protein source with healthy fats
- Supports energy, muscle health, and palatability
- Provides essential amino acids and minerals for overall vitality

Chicken Gizzards

- Natural source of glucosamine and chondroitin
- Supports joint cartilage, mobility, and connective tissue
- Rich in iron and zinc

Chicken Livers

- Nutrient-dense organ meat
- Rich in vitamin A, iron, copper, zinc, and B vitamins
- Supports immune health, vision, and red blood cell production

Eggs

- Complete protein with essential amino acids
- Rich in choline for brain and liver support
- Supports skin, coat, and tissue repair

Vegetables, Seeds & Digestive Support

Spinach

- Rich in antioxidants, magnesium, and folate
- Supports immune and cellular health

Broccoli

- Contains vitamins C & K and natural anti-inflammatory compounds
- Supports immune defense and digestion

Carrots

- High in beta-carotene for vision and immune support
- Provides gentle digestive fiber

Pumpkin Purée

- Excellent source of soluble fiber
- Supports digestive regularity and gut health

Ground Flax Seeds

- Rich in omega-3 fatty acids
- Supports joints, skin, and coat health

Chia Seeds

- Provides omega-3s, fiber, and plant protein
- Supports digestion, hydration, and satiety

Cooked Quinoa

- Easily digestible complex carbohydrate
- Supports sustained energy and digestive balance

Sweet Potatoes

- Fiber-rich source of slow-release energy
- Supports digestive and immune health

Joint, Bone & Mobility Support

Turmeric

- Natural anti-inflammatory support
- Helps promote joint comfort and mobility

Black Pepper

- Enhances turmeric absorption
- Supports digestive enzyme activity

Bone Meal

- Provides calcium and phosphorus
- Supports bone strength and dental health

Manganese

- Supports cartilage formation and connective tissue health
- Important for joint and bone development

Zinc

- Supports skin repair, immune health, and metabolism
- Helps maintain a healthy coat

Copper

- Supports connective tissue, pigmentation, and iron metabolism
- Important for skin and coat health

Brain, Heart & Metabolic Support

Taurine

- Supports heart health, muscle function, and vision
- Essential for cardiovascular wellness

Choline Chloride

- Supports brain, liver, and nervous system health
- Helps maintain healthy cellular function

DL-Methionine

- Essential amino acid that supports metabolism and urinary health
- Helps maintain healthy skin and coat

Thiamine Mononitrate (Vitamin B1)

- Supports energy metabolism and nervous system function
- Important for appetite and cellular energy production

Coconut Oil

- Contains MCTs for cognitive and energy support
- Promotes healthy skin and coat

Immune & Antioxidant Support

Vitamin D3

- Supports calcium absorption, bone health, and immune function

Vitamin E

- Powerful antioxidant support for skin, coat, and immune health
- Helps protect cells from oxidative stress

Kelp

- Natural source of iodine and trace minerals
- Supports thyroid and metabolic health

Brewer's Yeast

- Rich in B-complex vitamins
- Supports metabolism, skin, coat, and immune response

Ascorbic Acid (Vitamin C)

- Antioxidant support for immune and tissue health
- Helps reduce oxidative stress

Digestive & Food Safety Support

Apple Cider Vinegar

- Supports digestion and gut acidity
- May aid mineral absorption

Citric Acid

- Natural preservative that helps maintain freshness